# IQF, Processed China Bay Scallops

Latin Name: Argopecten irradians

Country of Origin: China

Method of Harvest: Farmed/Off-bottom lantern

Season: October - January and April - May

Brand: Eastern Brand, Eastern Seas

Storage Temp: -0° F (-18°C)

Frozen Shelf Life: 18 months

Size Ranges: 80/100, 100/120, 120/150, 150/200

Ingredients: Scallops, water, sodium tripolyphosphate

Contains: Shellfish (scallops)

Moisture Content: <88%

# **Key Selling Points:**

- Sweet Appealing Taste
- Economical Alternative to Larger Sizes
- Consistent Availability

#### FLAVOR PROFILE

Mild	Slightly Sweet	Sweet
TEXTURE		
Soft	Medium	Firm



### **COOKING SUGGESTIONS:**

Broil or sauté scallops until the scallops are firm and opaque in center, approximately 5 minutes.

**Thawing:** Place scallops in a container and thaw in refrigerator for 8 hours, temperature should not exceed 45° F. For quick thaw place scallops in a colander and rinse under cold water for 10 to 15 minutes, rotate for even thawing.

**Safe Handling:** Keep frozen. Do not refreeze once thawed. The FDA recommends cooking seafood to an internal temperature of 145° for 15 seconds.

Nutrit			cts			
Serving Size	: 40Z. (1	12g)				
Amount Pe	er Servi	ing				
Calories 100 Calories from Fat 10						
% Daily Value*						
Total Fat 1	g		1%			
Saturated I	Fat 0g		0%			
Trans Fat 0	)g					
Cholestero	35mg		12%			
Sodium 160	Omg		7%			
<b>Total Carb</b>	ohydra	te 3g	1%			
Dietary Fib	oer Og		0%			
Sugars 3g						
Protein 17g	1					
Vitamin A 0%	•	Calciu	ım 2%			
Vitamin C 0%	, •	Iron	4%			



\*Percent Daily Values are based on a 2,000 calorie diet.

Case Pack	Net Weight	Case Dimensions	Case Cube	Ti/Hi	Pallet Count
2 x 5 lb.	10 lbs.	13.375 x 9.625 x 5.875	.44	14/7	98
12 x 1 lb.	12 lbs.	13.375 x 9.625 x 5.875	.44	14/7	98
6 x 5 lb.	30 lbs.	14 .75 x 10.5 x 10.875	.97	10/5	50

Additional Pack Sizes Available.



## Eastern Fisheries, Inc.

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