

# IQF, Processed Peruvian Sea Scallops



**Latin Name:** Argopecten purpuratus

**Country of Origin:** Peru

**Method of Harvest:** Aquaculture/Diver Caught

**Season:** Year-round

**Brand:** Eastern Brand

**Storage Temp:** -0° F (-18° C)

**Frozen Shelf Life:** 18 months

**Size Ranges:** 20/30, 30/40, 40/60, 60/80

**Ingredients:** Scallops, water, sodium tripolyphosphate

**Contains:** Scallops

**Moisture Content:** <88%

**Key Selling Points:**

- Low in Fat Protein
- Economical Value
- Versatile Cooking Applications
- Uniformed Sizing

**COOKING SUGGESTIONS:**

Broil or sauté scallops until the scallops are firm and opaque in center, approximately 5 minutes.

**Thawing:** Place scallops in a container and thaw in refrigerator for 8 hours, temperature should not exceed 45° F. For quick thaw place scallops in a colander and rinse under cold water for 10 to 15 minutes, rotate for even thawing.

**Safe Handling:** Keep frozen. Do not refreeze once thawed. The FDA recommends cooking seafood to an internal temperature of 145° for 15 seconds.

**Nutrition Facts**

Serving Size: 1/2 cup (118g)

Amount Per Serving	
<b>Calories</b> 50	Calories from Fat 5
% Daily Value*	
<b>Total Fat</b> 1g	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 470mg	<b>20%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	
<b>Protein</b> 11g	
Vitamin A 0%	• Calcium 0%
Vitamin C 0%	• Iron 2%



\*Percent Daily Values are based on a 2,000 calorie diet.

**FLAVOR PROFILE**



**TEXTURE**



Case Pack	Net Weight	Case Dimensions	Case Cube	Ti/Hi	Pallet Count
2 x 5 lb.	10 lbs.	13.375 x 9.625 x 5.875	.44	14/7	98
12 x 1 lb.	12 lbs.	13.375 x 9.625 x 5.875	.44	14/7	98
1 x 10 kg.	20 lbs.	15.5625 x 11.5 x 7	.72	10/8	80
10 x 1 kg.	20 lbs.	15.5625 x 11.5 x 7	.72	10/8	80
6 x 5 lb.	30 lbs.	14.75 x 10.5 x 10.875	.97	10/5	50

Additional Pack Sizes Available.



**Eastern Fisheries, Inc.**

New Bedford, MA • [www.easternfisheries.com](http://www.easternfisheries.com)