

chem-free

# ALASKAN PLAICE FILLETS

## ALASKAN FLATFISH FILLETS

### ALASKAN PLAICE

*(Pleuronectes quadrituberculatus)*

### FLATHEAD SOLE

*(Hippoglossoides elassodon)*

### YELLOWFIN SOLE

*(Limanda aspera)*

### ROCK SOLE

*(Lepidopsetta polyxystra)*

Wild-caught in the icy, cold waters of Alaska, **plaice** is a lean flatfish with a mild, sweet flavor. Low in fat and well suited for a variety of cooking applications, plaice is a readily available alternative to more expensive flatfish.

### AVAILABLE SIZES

#### Fillets:

4-6 oz., 6-8 oz., 8-10 oz.  
10-12 oz., 12-16 oz., 16-32 oz.

#### PACK SIZES:

10x1kg, 10x900g, 10x800g,  
10x700g, 10x500g

*Bulk & Custom Pack Types  
Available upon Request.*

*Processed available upon request.*



Wild-Caught

Wild Caught FAO 67

All Natural

Naturally Low Fat

Boneless

Skinless or Skin-on

Consistent Sizing

Year-round Availability

Custom Production  
& Packaging

MSC Certified



Eastern Fisheries, Inc.

New Bedford, MA USA  
[www.easternfisheries.com](http://www.easternfisheries.com)

To place an order, email: [sales@easternfisheries.com](mailto:sales@easternfisheries.com)

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